



# YOUR NEW Day Care Centre

ST PAULS ROAD, SMETHWICK



## Health & Care Services for elderly, disabled & families

- Day care for Asian elderly
- Physiotherapy
- Bath club and hydrotherapy
- Mental health care
- Meals on wheels
- Social and Leisure activities
- Training and seminar facilities
- Asian Family Support service
- Information and advice
- Drop in centre



Charity No: 519620



### CONTACT

DR. JHANJEE - JAVED PARVEZ  
0121-565 4678  
YOUR GP OR SOCIAL SERVICES



**ASRA also provide HOUSING, HOMECARE & TRANSPORT SERVICES**

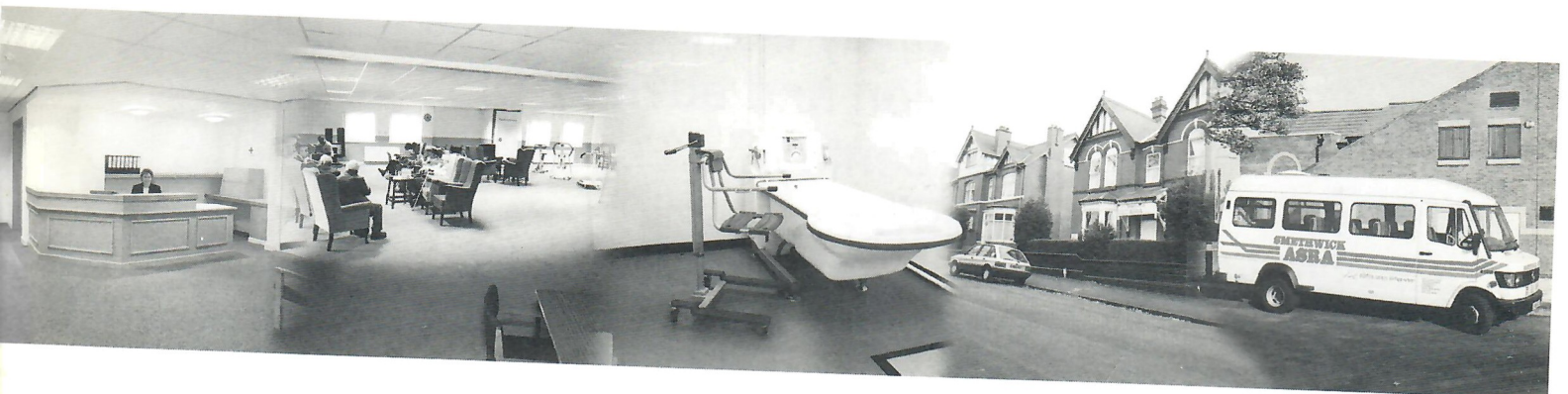
# Day Care Centre

On 14 October, we opened the doors to our new centre to service users. Services to be provided are Day care with rehabilitation, meals on wheels, assisted bathing with hydrotherapy, community laundry, mental health care social and leisure activities, training and seminar facilities, information and advice, Drop-in and Physiotherapy & Chiropody which will run by Sandwell Healthcare Trust.

In addition, the Centre will be home to Sandwell Asian Family Support Services (SAFSS who provide services to Asian families with children and young adults with disabilities), Womens Health Project and Primary Care Neurological Rehabilitation Team from Sandwell Health Care Trust.

The Centre has costed approximately £900,000 to build and is the biggest day care project undertaken by an Asian Organisation in the Midlands. ASRA has, through its own fundraising activities raised the bulk of the finance for this project. Money has come through personal donations (£5-£100), local and national charities. Harborne Parish Lands Charity, Smith Charities, Garfield Foundation and The - Trust (£20,000-£100,000), Partnership arrangements with Sandwell Health Care Trust (100,000) and Single Regeneration Budget grants (SRB1 £50,000, SRB4 £55,000). The land for the project has been leased from Sandwell Council on a Commercial Lease for which ASRA is to pay £14,500 per annum.

ASRA Health & Social Day Care Centre has been built after four years of struggle to raise necessary finance and is ASRA's first attempt to provide 21 Century style care of the elderly, young, disabled, women and families in Sandwell. The Centre will work towards improving the quality of life for the most disadvantaged members of the community. We at Smethwick ASRA look forward to the challenges of the new Millennium and providing yet more health and care facilities to the people of Sandwell.



# SMETHWICK ASRA

## THE ORGANISATION

### MISSION STATEMENT

We are committed to the provision of appropriate housing and care services for all Asian elderly, disabled and families in Sandwell.

Smethwick ASRA is a community association, a registered charity and a private limited company. ASRA was set up in 1984 by a group of professionals and lay people concerned about the difficulties being faced by Asian elders and disabled in Sandwell. The Organisation promotes the relief of poverty, hardship and distress by providing housing, home care, day care and transport services to Asian elders who are experiencing personal, social, health and family problems.

### SERVICES

ASRA takes pride in the fact that it provides services to all sections of the Asian community. Service provision is needs-led and user controlled. Services are tailored to the individual's need and the service delivery and staffing takes into account the main religious, cultural and national variations.

#### DAY CENTRE

Day Care service for Asian elderly and disabled caters for their linguistic, cultural, dietary, religious, spiritual and social needs. Care at ASRA is based on trust, warmth and understanding. We provide a caring, comfortable and stimulating environment in which the service user may pursue with the aid of experienced careworkers, their interests. They may also participate in other educational and recreational activities such as reading Asian Newspapers and books, sewing, knitting, drawing, painting, card games, bingo and reminiscence sessions. Asian satellite channel (Zee TV), Asian videos and Asian music is available for users entertainment. A small library is also provided by Sandwell library services. Various outings are arranged to seaside resorts, theme parks, museums and places of worship. Carers and other family members are encouraged to participate in these outings. Transport is provided by a fifteen seater specially adapted mini-bus.

#### HOME CARE

ASRA provides a culturally and religiously sensitive home care service for Asian elderly and disabled who need care and support. We try to cater for their individual needs, taking into account the users dignity, choice and independence. The service/ care Package is designed in partnership with users, their carers, families and statutory agencies. This service is provided seven days a week.

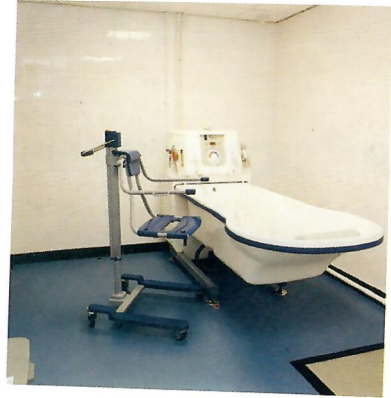
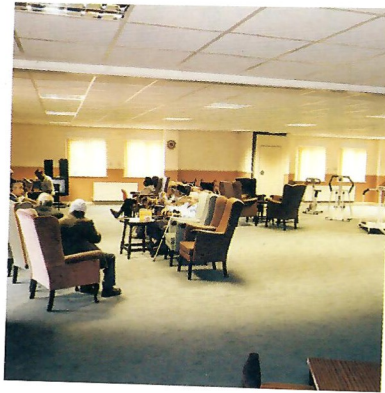
#### HOUSING

ASRA provides housing for Asian and other communities in Smethwick. Current accommodation consists of a homeless hostel for the elderly, self contained flats and houses for families.

Smethwick ASRA is to develop new exciting projects in housing, health and social care for the Asian community in the next three Years. For information on these projects phone Administrator- Gill Mansell or Projects Director Javed Parvez on 0121 565 4678

# ASRA HEALTH & SOCIAL CARE CENTRE

Fenton Street, St Pauls, Smethwick



**ASIAN ELDERLY HOMELESS HOSTLE**  
40 South Road, Smethwick



**FAMILY HOUSING**  
Stoney Lane, Smethwick

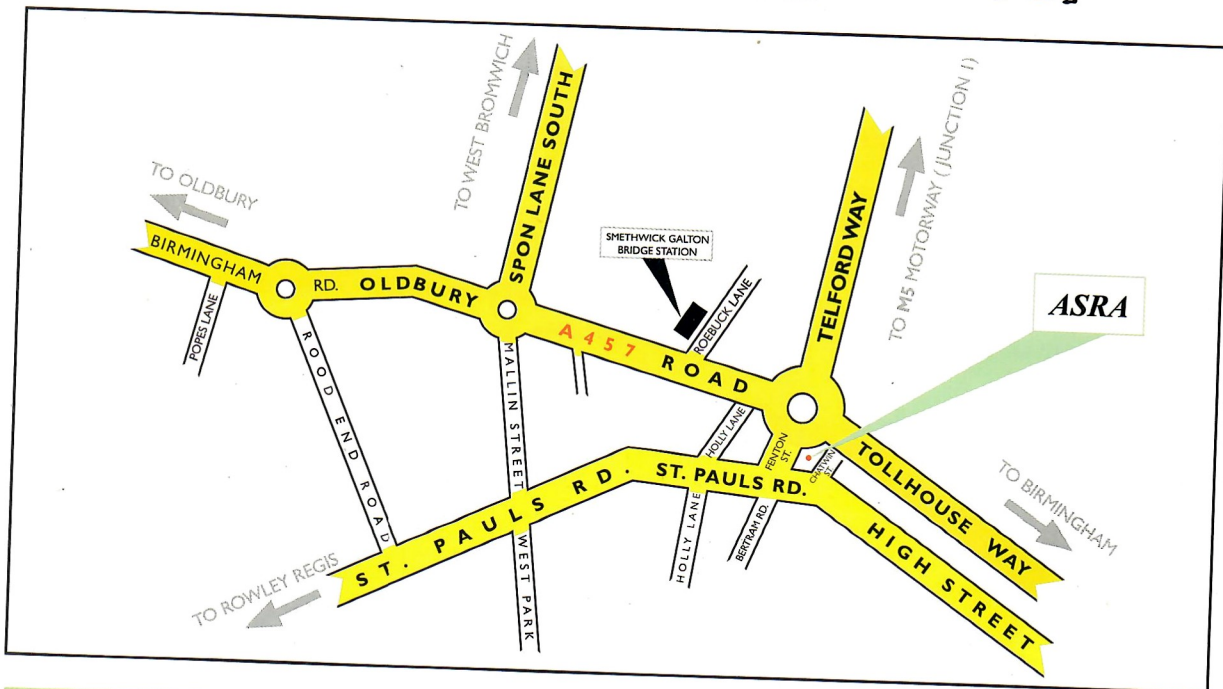


**ELDERLY HOUSING**  
Panjab Gardens, Smethwick

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ਸਮੇਂਈਡ ਅਲਰਾ  
ਦੇਅਬਿਕ ਆਸਰਾ  
ਸਮੈਂਦਿਕ ਆਸਰਾ



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ਸਮੈਂਦਿਕ ਆਸਰਾ



For Day Care & Home Care contact  
**PARVINDER SHOKER**  
(CARE COORDINATOR)  
0121 565 4678

For Housing enquiry contact  
**VISHU BHATIA**  
(HOUSING MANAGER)  
0121 555 5428

For further Information contact  
**JAVAD PARVEZ** (PROJECTS DIRECTOR)  
or **GILL MANSELL**  
0121 565 4681